

## *Exploring*

### *“The Dimensions of Adult Grief: The Caregiver’s Role”*

With Alan D. Wolfelt, Ph.D.

Author - Educator - Grief Counselor

Tuesday, February 7, 2012

8:30 a.m. – 3:30 p.m.

8:30 a.m. Registration

9:00 a.m. Program Begins

10:30 a.m. – 10:45 a.m. Break

12:00 p.m. – 1:00 p.m. Lunch

1:00 p.m. Program Resumes

2:15 p.m. – 2:30 p.m. Break

3:30 p.m. Adjourn

Location:

The Black Canyon Conference Center

9440 N. 25<sup>th</sup> Avenue, Phoenix, AZ 85021

### *Purpose*

This workshop will help members of the care giving community take an in-depth look at the dimensions of adult grief and the helping role. Dr. Alan D. Wolfelt will explore a model of grief care anchored in “companioning” versus “treating” the mourner. This model recognizes grief as a normal, necessary process that is fundamentally a journey of the heart and soul. Come join us and learn more about a “teach me” model of supporting people in grief.

### *Why This Program*

- Provide a definition of “Shadow of the Ghosts” of grief
- Understand the evolution of this phenomenon
- Learn the potential “fall out” consequences of carried grief
- Acknowledge the wounding process
- Explore the value of “catch-up” mourning

### *Who Should Attend*

This compassionate workshop will help anyone who wants to learn more about how to support the adult mourner. Regardless of your specific job title or life role, you can and will benefit from this learning experience. If you want to enhance your knowledge and skills in this area of care giving, make your reservation now.

### *Synopsis*

Among the content areas to be explored in this program are the following:

- Introduction: Definitions of trauma loss
- Understanding how “Carried Grief” results in Secondary Wounding
- Exploring a broader framework for loss/grief
- Contrast and comparison of a “treatment” model from a “companioning” model of care giving
- Defining the concepts of “Soul Work” and “Spirit Work”
- Outline of the special features of sudden, violent death

- Outline of the special features of suicide grief
- Exploration of the concept of “Disenfranchised Grief”
- Introduction to the concept of “Complicated” mourning
- Outline of six universal needs of mourning
- Exploration of the transformative nature of grief
- Open discussion and closing remarks

### *Registration*

Registration includes continental breakfast, lunch buffet and handout materials. The cost is \$40 and should be made payable to Hospice of Arizona. Check only please – No credit cards accepted. **All registrations need to be prepaid and received no later than Monday, January 23, 2012.** No registration or payment at the door. Refunds will not be given for cancellations received after January 23, 2012.

**Seating is limited, so please register early.**

### *Continuing Education Units*

5 Contact hours available for Social Workers, Counselors & Registered Nurses. Certificate of Attendance available for other disciplines.

## REGISTRATION FORM

Exploring "The Dimensions of Adult Grief:  
The Caregiver's Role"

*Tuesday, February 7, 2012*

Name \_\_\_\_\_

Job Title \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Day Phone \_\_\_\_\_

Email address \_\_\_\_\_

Payment:

Include check for \$40 payable to Hospice of Arizona (No credit cards accepted).

**All Registrations must be prepaid.**

Refunds will not be given for cancellations received after January 23<sup>rd</sup>, 2012.

Mail to:

Hospice of Arizona  
c/o Bereavement Services  
19820 N. 7<sup>th</sup> Avenue, Suite 130  
Phoenix, AZ 85027

Registration includes continental breakfast, lunch buffet and handout materials.

Continuing Education Credits Available

**Seating is limited and Registration must be received no later than January 23, 2012.**

## Hospice of Arizona & American Hospice Foundation

*present*

*Exploring "The Dimensions of  
Adult Grief:  
The Caregiver's Role"*

A Conference for Anyone Who,  
in Any Way, Cares for the  
Bereaved.

With Alan D. Wolfelt, Ph.D.  
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### *About the Speaker*

Dr. Wolfelt is an internationally noted author, teacher and grief counselor. Recipient of the Association of Death Education and Counseling's Death Education Award, he serves as Director of the Center for Loss and Life Transition in Fort Collins, Colorado. Dr. Wolfelt has made appearances on the Oprah Winfrey Show, The Larry King Show, and the NBC Today Show.

### *Sponsors*

This conference is sponsored by Hospice of Arizona and American Hospice Foundation through donations provided by hospice patients and their families.



For additional information, please contact  
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602.589.2137 or Michelle Shoffner,  
Bereavement Assistant 602.589.2192/  
michelle.shoffner@americanhospice.com.