



Cleveland Clinic

Lou Ruvo Center for Brain Health

Lunch and Learn Series Wednesdays, 12 – 1 PM

The Cleveland Clinic Lou Ruvo Center for Brain Health announces a new education series called “Lunch and Learn” beginning March 10. The series, scheduled in the library at the new building, 888 W. Bonneville Avenue in Las Vegas is designed for family and professional caregivers, featuring topics of interest to those who care for individuals with Alzheimer’s, Parkinson’s, ALS, dementia and other neurocognitive diseases. Feel free to bring your lunch and we will provide drinks and dessert. Dates and speakers in March are:

- **March 10** – Pet Therapy: Bringing Animals and People Together, Donna Achrem and Jordan (therapy dog)
- **March 17** - Alzheimer’s Update: Research and Treatment, Dr. Charles Bernick, Associate Medical Director, Cleveland Clinic Lou Ruvo Center for Brain Health
- **March 24** – Nurturing the Caregiver! Gentle Movements to Promote Wellness, Richard Havey, Affiliate Associate Professor, UNLV, College of Fine Arts, Dance Department
- **March 31** – The Power of Reminiscing, Dr. Donna Munic, Psychologist, Cleveland Clinic Lou Ruvo Center for Brain Health

Join us to nourish your body and mind! Educational series is offered free of charge. For additional information or to join our e-mail list, contact Susan Hirsch at 702-483-6023 or hirschs2@ccf.org. Visit the Caregiver Events section at www.keepmemoryalive.org for a schedule of upcoming programs.